

CUMBERLAND REEL  
(Scotland)

The "Cumberland" is mentioned as a Country Dance early in the 19th century.

Record: My Scotland, Capitol T 10014, Side B/2.

Formation: Longways set of four cpls.

Steps: Skip Change of Step.

Bars

Pattern

- 1-4 1st and 2nd cpls give R hands to one another and dance round. "Four hands across." (Figure A.)  
 5-8 Turn, and giving L hands, dance back to places.  
 9-12 1st cpl lead down the middle,  
 13-16 And up again.  
 17-28 1st W casts off, turning to the R behind the W, while 1st M casts off, turning to the L behind the M, the other M and W following (Figure B) for six steps, then lead up the middle to places for six steps. On sixth step 1st cpl turn to face down. All other cpls join hands with ptrs to make arch.  
 29-32 1st cpl dance down the middle under their arms.

On last bar all drop hands and step back. The 1st cpl remain at the bottom of the dance, and the 2nd cpl repeat the figure.

